

|                      |  |   |   |   |
|----------------------|--|---|---|---|
| <b>MONDAY</b>        | <p><b>Science Fun</b><br/>wind anemometer</p> <p><b>GET ACTIVE</b><br/>get outside for 1 hour</p>                |    | <p><b>School Work</b><br/>You might not be in the classroom,<br/>but it still needs to get it done.</p> | <p><b>MINI CHALLENGE</b><br/>nature faces</p> <p><b>FOOD FUN</b><br/>apple fritters</p>   |
| <b>TUESDAY</b>       | <p><b>Mini Challenge</b><br/>plant an indoor herb garden</p> <p><b>GET ACTIVE</b><br/>get outside for 1 hour</p> |    | <p><b>School Work</b><br/>work, work, work, work<br/>Let's get it done!</p>                             |  <p><b>CRAFTY</b><br/>water colour<br/>plastic wrap</p> <p><b>FOOD FUN</b><br/>bread in a bag</p>  |
| <b>WEDNESDAY</b>     | <p><b>Science Fun</b><br/>sugar &amp; water<br/>rainbows</p> <p><b>GET ACTIVE</b><br/>get outside for 1 hour</p> |    | <p><b>School Work</b><br/>no classroom, no problem<br/>still getting my work done</p>                   |  <p><b>Mini Challenge</b><br/>Flip Three</p> <p><b>FOOD FUN</b><br/>banana split pops</p>          |
| <b>THURSDAY</b>      | <p><b>FAMILY GAME FUN</b><br/>caterpillar races</p> <p><b>GET ACTIVE</b><br/>get outside for 1 hour</p>          |  | <p><b>School Work</b><br/>no classroom, no<br/>problem still getting<br/>my work done</p>               |  <p><b>CRAFTY</b><br/>salt dough</p> <p><b>FOOD FUN</b><br/>churro sticks</p>                    |
| <b>FRIDAY</b>        | <p><b>Science Fun</b><br/>lemon volcanoes</p> <p><b>GET ACTIVE</b><br/>get outside for 1 hour</p>                |  | <p><b>School Work</b><br/>work, work, work, work<br/>Let's get it done!</p>                             |  <p><b>FAMILY FUN</b><br/>SPOONS</p> <p><b>FOOD FUN</b><br/>big cheesy<br/>pepperoni pockets</p> |
| <b>SAT &amp; SUN</b> | <p><b>Science Fun</b><br/>red cup steam<br/>challenge</p> <p><b>GET ACTIVE</b><br/>get outside for 1-2 hours</p> |  | <p><b>Movie Night</b><br/>pick a movie &amp; pop some popcorn<br/>get cozy &amp; watch as a family</p>  |  <p><b>CRAFTY</b><br/>line art</p> <p><b>FOOD FUN</b><br/>pie bar</p>                            |

### PK TIPS



- break up your school work, do some in the morning & some in the afternoon
- visit our Instagram page for other weekly ideas - @pkcamps

### DAILY SUGGESTIONS

- face time with a friend
- tidying your room
- 1 chore a day
- quiet time in your room
- making your bed



Hey Parents!

While these are all activities we are sure your children will enjoy taking part in, they also connect to the Ontario Curriculum. So not only is your child having fun, but they can be learning things of value.

Here are how the activities relate to the Ontario Curriculum, organized by day:

### **Monday's Activities:**

**Wind Anemometer** - this activity connects to the [Ontario Science Curriculum](#). In grade 1, students begin to study energy. The concept of energy can be quite abstract, so building this wind anemometer will help children understand how wind can be used as a source of energy. The anemometer will encourage your child to track wind speeds. For some extension activities, challenge your child to think about what their wind anemometer could power. Or, get your child to track the speed of wind over the period of a week, how does the weather relate to the speed of their anemometer?

### **Tuesday's Activities:**

**Plant and Indoor Herb Garden** - Gardening and growing plants can directly link to the Grade 1 and 3 [Ontario Science Curriculum](#). In grade 1 children learn about the basic needs and characteristics that all living things need to survive. In grade 3 children investigate similarities and differences in the characteristics of various plants and how they relate to the environment in which they grow. They also have to demonstrate an understanding that plants grow and change and have distinct characteristics throughout the process. Plant some seeds with your children and create a "plant journal" to record how your plant changes from day to day. Children can also record important information about how much water was given to their plant each day, the amount of sunlight it received and what changes they are making as the plant grows. Get your child to record their responses by drawing pictures or by writing sentences.

### **Wednesday's Activities:**

**Mini Challenge - Flip 3** - This activity links to the [Ontario Mathematics Curriculum](#). Playing any card game gets children of all ages to use math skills. Flip 3 gets children to build equations. The types of equations your child can build will depend on their math skills. Start by getting your child to build equations that require addition, then move to subtraction, multiplication and division. Check out the links below to challenge you and your family to learn some new card games. Your children will be so caught up playing, they won't even realize they are learning!

### **Thursday's Activities:**

**Caterpillar Racing** - This activity relates to the [Ontario Art Curriculum](#), through the strand of "Visual Arts". Children of all ages are required to understand the composition of art and the principles of design used to create them. While your child begins to plan out and create their caterpillar, encourage them to think about the colours, lines, shapes, and textures they are creating. This family fun activity can also be extended to incorporate the [Ontario Mathematics Curriculum](#). Asking your child to measure the distance their caterpillar travelled using appropriate units of measurement. Make a race track for your family's caterpillar race and see who moves the furthest, the fastest!

### **Friday's Activities:**

**Get Outside** - Any activity that gets your child outside can likely connect to the [Ontario Physical Education and Health Curriculum](#). The most recent document published in 2019, makes the point that it is important to not restrict children to only participating in sports and games in Phys. Ed. class, as many children prefer activities that do not involve team play. The Physical Education and Health Curriculum focuses on the development of fitness and movement skills. Children are meant to understand what body parts move and in what way. They learn how the body moves based on force, flow and time, and the relationship between their bodies and how they move with others or with a variety of objects. Challenge your child to work on their target skills. This transferable skill of being able to throw for accuracy and for distance will aid them in a variety of sports. Set up five target areas with skipping ropes, or on a driveway with chalk. Assign each target area a point value. Players must stand behind the throwing line, and players attempt to score the highest number of points by throwing a ball, beanbag (whatever you have laying around the house). After each player has made 5 throws, players can collect their items and add up their points.

### **Weekend Activities:**

**Red Cup STEM Challenge**- This activity is a STEM activity and relates to both the [Ontario Science Curriculum](#) and the [Ontario Mathematics Curriculum](#). STEM challenges generally get your child to solve a problem using the scientific method (whether they realize it or not). The Scientific Method follows 6 basic steps.

1. Ask a question
2. Gather information (observe, look, taste, touch, smell, read)
3. Form a Hypothesis (guess what the answer will be to your question / what will the outcome of the experiment be?)
4. Test the hypothesis (do the experiment to see if you were right!)
5. Draw conclusions (What did you learn?)
6. Share the results (Tell other people about what you learned)

Challenge your children to build the highest tower they can without touching the cups or their lego person. Take note of how they brainstorm and problem solve throughout the challenge. At the end of the challenge ask how would they approach this task if they were asked to do it again.

# KIDS AT HOME WAG - ACTIVITY LINKS



## Monday Links

### Science

<https://theresjustonemommy.com/make-your-own-wind-anemometer/>

### Mini Challenge

<https://happyhooligans.ca/nature-faces/>

### Food Fun

<https://soufflebombay.com/easy-apple-fritters/>

## Tuesday Links

### Craffy

<https://buggyandbuddy.com/process-art-for-kids-using-plastic-wrap-and-watercolor-paint/>

### Mini Challenge

<https://myhappysimpleliving.com/egg-carton-greenhouse-starting-seeds-indoors/>

### Food Fun

<https://busytoddler.com/2018/03/make-bread-bag-kids/>

[utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_tribes&utm\\_content=tribes&utm\\_term=382307014\\_12494400\\_167774](https://www.pinterest.com/pin/38230701412494400167774/)

## Wednesday Links

**Science** use the science worksheet to write out your predictions and observations

<https://primaryplayground.net/rainbow-in-a-jar-science-experiment/>

### Mini Challenge

<http://whoswhoandnew.blogspot.com/2015/06/dealing-up-some-fun-in-math.html>

### Food Fun

<https://www.delish.com/cooking/recipe-ideas/recipes/a51813/banana-split-pops-recipe/>

## Thursday Links

### Crafty

<https://mommypotamus.com/how-to-make-salt-dough-ornaments/>

### Family Game Fun

<https://www.youtube.com/watch?v=3GjZ5PvelP4&app=desktop>

### Food Fun

<https://omgchocolatedesserts.com/churro-sticks/>

# KIDS AT HOME WAG - ACTIVITY LINKS



## Friday Links

**Science** use the science worksheet to write out your predictions and observations

<https://teachingexceptionalthinkers.com/2019/06/28/lemon-volcanoes/>

**Family Fun**

<https://kidfriendlythingstodo.com/how-to-play-spoons-card-game-fun-for-all-ages-kid-friendly-things-to-do/>

**Food Fun**

[https://www.pillsbury.com/recipes/big-cheesy-pepperoni-pockets/a17766e6-30ce-4a0c-af08-72533bb9b449?crlt\\_pid=camp.0r1xzhcxrb0](https://www.pillsbury.com/recipes/big-cheesy-pepperoni-pockets/a17766e6-30ce-4a0c-af08-72533bb9b449?crlt_pid=camp.0r1xzhcxrb0)

## Thursday Links

**Science**

<https://kidsactivitiesblog.com/80672/red-cup-stem-challenge-for-kids/>

**Crafty**

<https://artprojectsforkids.org/41563-2/>

**Food Fun**

<https://www.playpartyplan.com/make-your-own-mini-pie-bar/>

# SCIENTIFIC METHOD WORKSHEET

TODAY'S EXPERIMENT IS: \_\_\_\_\_

1. Ask a question?

2. Make a hypothesis

3. Plan & conduct your experiment

4. Record your results

5. Draw a conclusion

6. Communicate your results